

# DINING AT CHERKOE PARK RANCH

Fill out highlighted Fields – return form to [info@cherokeeparkranch.com](mailto:info@cherokeeparkranch.com) upon booking

<b>RESERVATION NAME</b>	
<b>VACATION DATES</b>	

The following form is only necessary should anyone in your group have a **dietary restriction or a special occasion during your stay**. Because we are a remote location, we rely heavily on planning. **Without advanced notice a restriction, we will be unable to provide sufficient substitutions and/or exceptions for your dining.**

## **SPECIAL OCCASIONS**

Let us know if you are celebrating something special during your stay.

<b>NAME</b>	<b>Date</b>	<b>Notes</b>
<i>Jesse James</i>	<i>July 4<sup>th</sup></i>	<i>Birthday</i>

## **DIETARY RESTRICTIONS & ALLERGIES**

Cherokee Park Ranch offers a set menu each week with a different offering at each mealtime. We focus on well-balanced plates at each meal, and everything is made from scratch. If you have a restriction or allergy, please use the key below to inform us:

<b>Exclusion</b>	specificity is helpful e.g. no dairy vs no cream/milk, but butter/ ghee are ok
<b>Aversion</b>	avoiding a specific ingredient, but are less dogmatic about its presence e.g.; ‘wanting to avoid garlic, but still ok with garlic in a soup or dressing’
<b>Specialty Diet</b>	if you abide by a diet (keto, Atkins, whole 30), please be as specific as possible to ensure your plate adheres to your commitments
<b>Allergy – Grade 1</b>	severity includes any mild skin, gastrointestinal, or mucosal/angioedema reaction – need date of last reaction
<b>Allergy – Grade 2</b>	severity consists of two or more mild or moderate instances of grade 1 reactions – need date of last reaction
<b>Allergy – Grade 3</b>	severity includes cardiovascular, neurologic, and respiratory symptoms – need date of last reaction

NAME	DIET NOTES
<i>Jesse James</i>	<i>no dairy of any kind ever (allergy, grade 1), does not eat pork, but will eat bacon</i>

**ADDITIONAL DINING INFORMATION**

Cherokee Park Ranch is a peanut/nut free establishment, we do serve coconut. For the safety of our staff and guests, please do not bring nut products on to the premises.

**KID DINING**

Because we make all of our food from scratch, we are most proud to be serving our youngest guests real food, but we know youngsters often have the most discerning palates. While we gear many meals for kids by having more kid-friendly substitutions or plating, if there's ever something that is not their speed, we can always make a simple sandwich, or kids are welcome to have any of our regularly stocked snack items.

For infants, we encourage guests to bring their own meal and snack options if there is a specific diet.

**FOR GRAZING**

Food + Snacks that are always available: fruit (fresh cut at breakfast, snack fruit available always), lemonade, milk (whole, chocolate, oat), cereal (assorted, including gluten free), chips (assorted). granola bars, rotating home-made cookies

We are so proud to prepare food during your visit at Cherokee Park Ranch. Vacationing in the mountains and riding horses requires fuel, and it's very important for us to provide appropriate meals/snacks for you each day.